



## BREAKFAST MENU

*Hotel residents may choose from the Continental & 1 Cooked Breakfast option*

### CONTINENTAL

Selection of Fruit Juices

Selection of Fresh Fruit

Warm Porridge **G,N,MK**  
Toasted Almonds & Maple Syrup

Selection of Cereals **G,N**

Homemade Granola **G,N**

Freshly Baked Danish Pastries **G,N**

Homemade Fruit Scones **G,MK,E**

*All Served with choice of Toast **G,S,MK**  
or Homemade Brown Bread **G,N,SS,MK***

Tea / Coffee

**Continental Breakfast €10 per person**

**Cappuchino/Latté €3.10**

**Hot Chocolate €3.10**

## COOKED BREAKFAST

Full Irish Breakfast **G,E,SP** €13  
Bacon, Free Range Egg, Sausage,  
Black & White Pudding, Tomato  
& Mushrooms

Poached Egg on Crispy Hash Brown  
Smoked Salmon & Hollandaise Sauce  
**G,E,F,MK**  
€13

French Toast **G,E,MK** €10.40  
Bacon & Maple Syrup

Scrambled Egg on Toast **G,E,MK** €10.40

Poached Egg on Toast **G,E** €10.40

Homemade Pancakes **E,G,MK** €10.40  
Mixed Berries & Creme Fraiche

*All Served with Choice of Toast **G,S,MK**  
or Homemade Brown Bread **G,N,SS,MK**  
Tea/Coffee*

**All Inclusive Breakfast €13 per person**

**Childrens Breakfast €7.80**

1 Sausage, 1 Bacon, 1 Egg, **G,E,SP**  
Cereal & Juice (*under 10s*)

### ALLERGENS

Gluten - G	Nuts - N
Crustaceans - C	Milk - MK
Eggs - E	Celery - CY
Fish - F	Lupin - L
Mustard - MD	Molluscs - M
Peanuts - P	Sulphites - SP
Sesame Seeds - SS	Soybeans - S

All our meat products are from Bord Bia approved suppliers.

All our eggs are free-range.

**Bewleys Master Blender Herbal Teas €3.10**